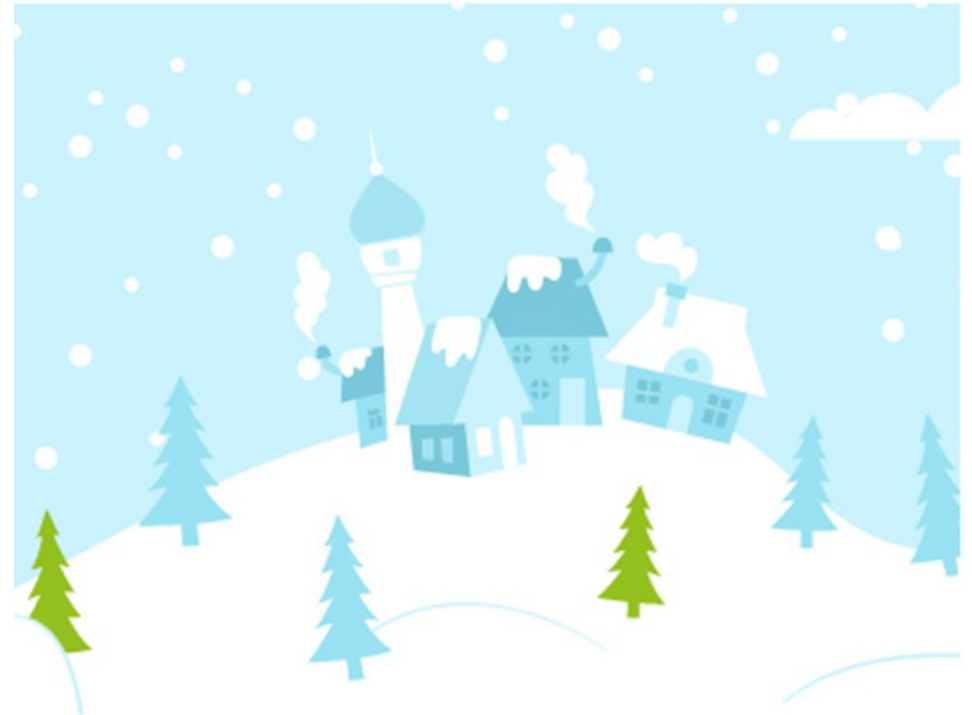


# CHILDREN'S HOSPITAL MENU

Alexis Dewey  
Madison Dobson  
Carrie Draney  
Breanne Draper  
Rachel England



## **SNACK**

### Fruit Cup

*Peaches or Pears served in 100% fruit juice*

## **DINNER**

### Garden Lasagna

*Lasagna loaded with zucchini, carrots, onions, cottage cheese, and ground beef. Topped with gooey melted mozzarella cheese.*

### Garlic Bread

### Green Beans

### Fruit Tart

*Sugar Cookie topped with cream cheese, kiwi, bananas, and mandarin oranges*





## **DAY SIX**

### **BREAKFAST**

Sweet Crepes

*Served with your choice of strawberries, raspberries or blueberries. Garnished with whip cream and powdered sugar.*

Choice of bacon or sausage

### **LUNCH**

Hot dog or Corn dog

*Hot dog served on a white or wheat bun topped with your choice of ketchup, mustard, and relish*

Potato Salad

*Potatoes with grape tomatoes, carrots, broccoli, and olives*

Chips

*Your choice Lay's, Doritos, or Cheetos*

Ice Cream

*Your choice of chocolate or vanilla soft serve*

### **BEVERAGES**

Available all day:

100% Juice

*Apple, Grape, Orange, or Cranberry*

1% Milk

*White, Strawberry, or Chocolate*

Flavored Water

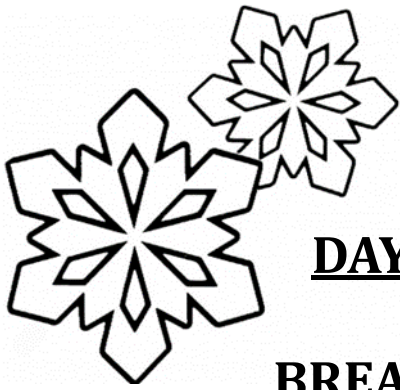
*Strawberry, Raspberry, or Lemon*

Bottled Water

Available at lunch and dinner:

Coke Products

*Root Beer, Sprite, Coca-Cola, Fanta, Dr. Pepper*



## DAY ONE

### BREAKFAST

#### French Toast Dunkers

*Six french toast sticks garnished with powdered sugar and fresh strawberries and raspberries  
Served with syrup and butter.*

Your choice of bacon, sausage, or ham

### LUNCH

#### Grilled Cheese Sandwiches & Tomato Soup

*Your choice of Cheddar, Mozzarella, or Pepper Jack cheese  
on white or wheat bread*

Green beans

Chocolate Brownie



### SNACK

#### Apple slices

*Served with your choice of dipping sauce:  
caramel, peanut butter, or chocolate*

### DINNER

#### Chicken Noodle Soup

*Succulent chicken and egg noodles served in a chicken broth loaded  
with flavorful carrots, celery, and potatoes*

#### Dinner Roll

*Your choice of white or wheat*

#### Cherry Pie

*with your choice of whipped cream or vanilla ice cream*





## DAY FIVE

### BREAKFAST

Egg McMuffin

*Cheesy egg and ham on a toasted English muffin*

Hash Browns or Potato Wedges

Melon Bowl

*Your choice of watermelon, cantaloupe, or honeydew*

### LUNCH

Build Your Own Personal Pan Pizza

*Toppings: cheese, pepperoni, ham, sausage,  
pineapple, peppers, onions, olives*

Carrot sticks

*with your choice of dressing*

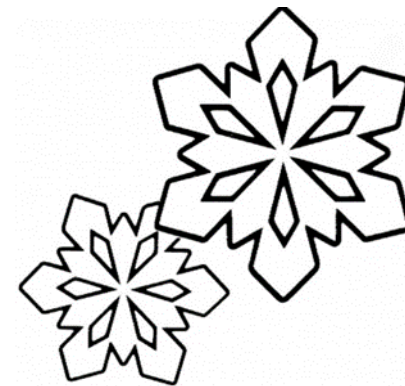
Snickerdoodle Cookie

### SNACK

You choice of fruit:

Apple, grapes, or  
banana

*Served with vanilla yogurt*



### DINNER

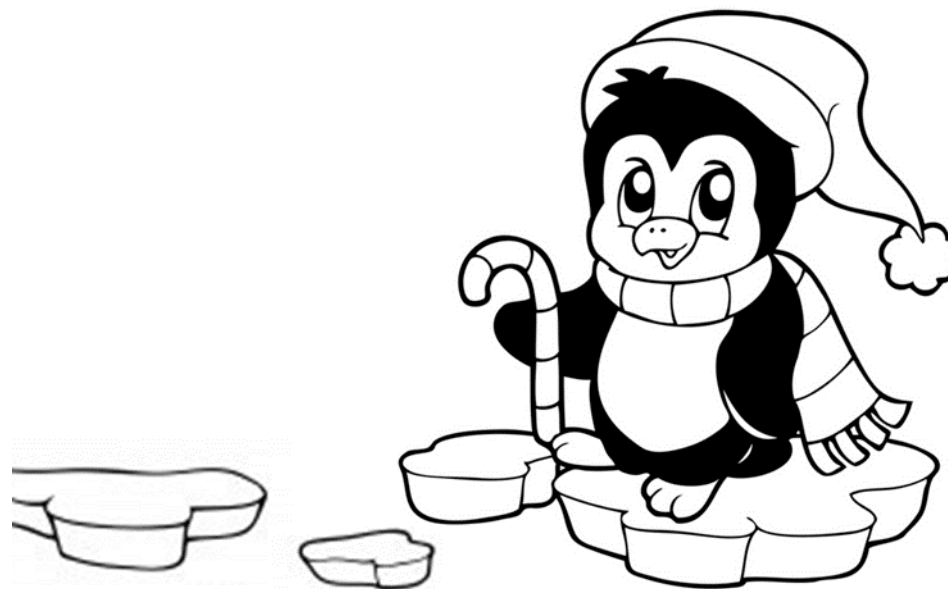
Stuffed Roast Chicken

*Roast chicken breast stuffed  
with cheese, pesto and garnished with herbs*

Sautéed Red Potato, Baked Potato,  
or Mashed Potato

Steamed broccoli or carrots

Cheesecake with blueberry topping





## **DAY TWO**

### **BREAKFAST**

#### **Cold Cereal**

*Your choice of Cheerios,  
Cinnamon Toast Crunch, or Lucky Charms  
Served with 1% milk*

#### **Eggs**

*Served scrambled, sunny side up, or hard boiled*

### **LUNCH**

#### **Hamburger**

*Ground beef patty served with your choice of cheese, onions,  
tomatoes, lettuce, ketchup, and mustard*

#### **Potatoes**

*Your choice of French fries, tater tots, or mashed potatoes*

#### **Watermelon Slices**

**Chocolate, Vanilla, or Strawberry Shake**

### **SNACK**

#### **Vegetable Cup**

*Your choice of celery and peanut butter or cucumbers and ranch*



### **DINNER**

#### **Chicken Tenders**

*Tender strips of chicken breast with homestyle breading*

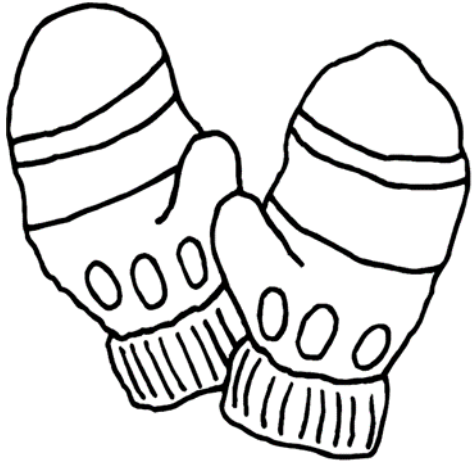
#### **Potatoes**

*Your choice of tater tots or French fries*

#### **Steamed Carrots**

**Apples or Applesauce**

**Chocolate Chip Cookie**



## **DAY FOUR**

### **BREAKFAST**

Fruit and Yogurt  
Parfait

*Layers of vanilla yogurt, crunchy granola, and your choice of strawberries and/or blueberries*

Your choice of sausage or bacon



### **LUNCH**

Turkey  
sandwich

*Wheat bread layered  
with deli turkey, Colby  
Jack cheese,  
lettuce, and tomatoes*

Apple Slices or  
Grapes  
Lemon Bar

### **SNACK**

Your choice of vegetable: baby carrots, broccoli  
and cauliflower, or peas

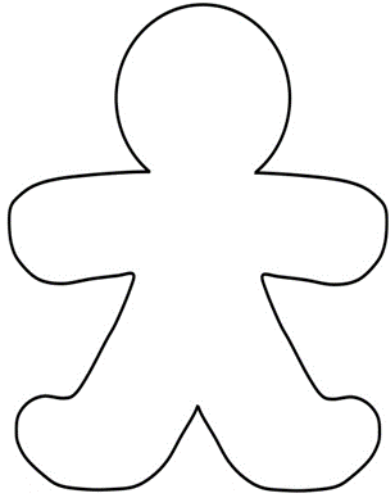
### **DINNER**

Macaroni and Cheese  
Cucumbers and dip

Your choice of meat: chicken or hot dog  
*Grilled and served with barbecue sauce*

Your choice of fruit: grapes or apple slices  
Rice Krispie Treat





## **DAY THREE**

### **BREAKFAST**

#### **Buttermilk Pancakes**

*Two buttermilk pancakes  
Served with syrup and butter*

#### **Cheesy Scrambled Eggs**

#### **Berry Medley**

*Made with a variety of fresh berries including:  
Strawberries, blackberries, raspberries, and blueberries*

### **LUNCH**

#### **Hard or Soft Tacos**

*Two tacos. Comes with taco meat,  
cheddar cheese, tomatoes and lettuce*

#### **Yellow Corn**

#### **Pudding cup**

*Your choice of chocolate, vanilla, or banana*

### **SNACK**

#### **Fruit Kabob**

*Freshly slices of pineapple, cantaloupe,  
honeydew and banana on a bamboo skewer*

### **DINNER**

#### **Spaghetti & Meatballs**

*Spaghetti noodles topped with spaghetti sauce and beef meatballs*

#### **Green peas and Steamed carrots**

#### **Frosted Cupcake**

*Your choice of vanilla or chocolate cake*

